RayBio[®] Human/Mouse/Rat C-Peptide Enzyme Immunoassay Kit

Please Read the Manual Carefully Before Starting your Experiment

User Manual 2.2 (Revised March 15, 2012)

RayBio[®] C-Peptide Enzyme Immunoassay Kit Protocol

(Cat#: EIA-CPE-1)



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I. INTRODUCTION

C-Peptide is a 31-amino acid single-chain peptide that is made when proinsulin is split into insulin and C-Peptide. They split before proinsulin is released from endocytic vesicles within the pancreas—one C-Peptide for each insulin molecule. C-Peptide is the middle segment of proinsulin that is between the N-terminal B-chain (30 amino acids) and the C-terminal A-chain (21 amino acids).

Unlike insulin, C-Peptide has no known physiological function. Due to the fact that C-Peptide has a 2-to-5-time longer half-life than insulin, there are higher concentrations of C-Peptide than insulin in the peripheral circulation. Therefore, plasma C-Peptide concentrations may reflect pancreatic insulin secretion more reliably than the level of insulin itself. C-Peptide is cleared from the body by the kidney, and, unlike insulin, urine concentrations are 20 - 50 times higher than in plasma. Unlike plasma insulin levels, which fluctuate in response to meals, measurement of the 24-hour urinary excretion of C-Peptide provides a useful monitor of average β cell insulin secretion.

The level of C-Peptide has been used to assess the following clinical applications: a) to assess the residual β cell function in patients treated with insulin and to distinguish between types 1 and 2 diabetes. Of particular interest is its use to indicate the need for progression to insulin therapy in type 2 diabetes. b) The diagnosis of factitious hypoglycemia. The surreptitious administration of insulin causes high insulin levels in the absence of elevated C-Peptide concentrations. c) Insulinoma diagnosis, especially in patients treated with insulin. C-Peptide measurement is used in insulin suppression tests in euglycemic patients with suspected insulinoma. Elevated C-Peptide levels in this test are indicative of insulinoma. d) As a marker for residual pancreatic tissue after pancreatectomy. In the case of insulinoma, C-Peptide measurement may be used to detect metastasis and the response to therapy. It may also be used to monitor the progress of pancreas or islet cell transplantation.

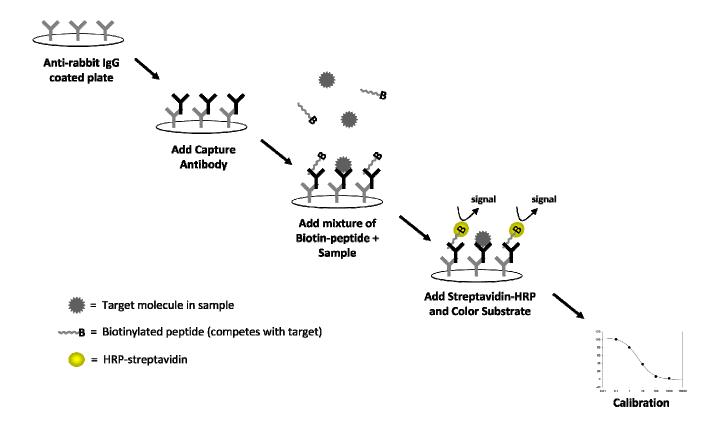
II. GENERAL DESCRIPTION

The RayBio® C-Peptide Enzyme Immunoassay (EIA) Kit is an in vitro quantitative assay for detecting C-Peptide peptide based on the principle of Competitive Enzyme Immunoassay.

The microplate in the kit is pre-coated with anti-rabbit secondary antibody. After a blocking step and incubation of the plate with anti- C-Peptide antibody, both biotinylated C-Peptide peptide and peptide standard or targeted peptide in samples interacts competitively with the C-Peptide antibody. Uncompeted (bound) biotinylated C-Peptide peptide then interacts with Streptavidin-horseradish peroxidase (SA-HRP), which catalyzes a color development reaction. The intensity of colorimetric signal is directly proportional to the amount of biotinylated peptide-SA-HRP complex and inversely proportional to the amount of C-Peptide peptide in the standard or samples. This is due to the competitive binding to C-Peptide antibody between biotinylated C-Peptide peptide and peptides in standard or samples. A standard curve of known concentration of C-Peptide peptide can be established and the concentration of C-Peptide peptide in the samples can be calculated accordingly.

EIA-CPE-1 only detects C-peptide, not Insulin A or B chain.

Principle of Competitive EIA



III. REAGENTS

- 1. C-Peptide Microplate (Item A): 96 wells (12 strips x 8 wells) coated with secondary antibody.
- 2. Wash Buffer Concentrate (20x) (Item B): 25 ml
- 3. Standard C-Peptide Peptide (Item C): 2 vials, 10 µl/vial
- 4. Anti-C-Peptide polyclonal antibody (Item N): 2 vials, 5 μl/vial
- 5. Assay Diluent A (Item D): 30 ml, contains 0.09% sodium azide as preservative. Diluent for standards and serum or plasma samples.
- 6. Assay Diluent B (Item E): 15 ml of 5x concentrated buffer. Diluent for standards and cell culture media or other sample types.
- 7. Biotinylated C-Peptide peptide, (Item F): 2 vials, 20 µl/vial
- 8. HRP-Streptavidin concentrate (Item G): 600 µl 200x concentrated HRP-conjugated Streptavidin.
- 9. Positive control (Item M): 1 vial, 100 μl
- 10. TMB One-Step Substrate Reagent (Item H): 12 ml of 3, 3', 5, 5'- tetramethylbenzidine (TMB) in buffered solution.
- 11. Stop Solution (Item I): 8 ml of 0.2 M sulfuric acid.
- 12. Assay Diagram (Item J).
- 13. User Manual (Item K)

IV. STORAGE

- Standard, Biotinylated C-Peptide peptide, and Positive Control should be stored at -20 °C or -80 °C (recommended at -80 °C) after arrival. **Avoid multiple freeze-thaws.**
- The remaining kit components may be stored at -20 ℃.
- Opened Microplate Wells and antibody (Item N) may be stored for up to 1 month at 2° to 8°C. Return unused wells to the pouch containing desiccant pack and reseal along entire edge.
- If stored in this manner, RayBiotech warranties this kit for 6 months from the date of shipment.

V. ADDITIONAL MATERIALS REQUIRED

- 1. Microplate reader capable of measuring absorbance at 450nm.
- 2. Precision pipettes to deliver 2 µl to 1 ml volumes.
- 3. Adjustable 1-25 ml pipettes for reagent preparation.
- 4. 100 ml and 1 liter graduated cylinders.
- 5. Absorbent paper.
- 6. Distilled or deionized water.
- 7. SigmaPlot software (or other software which can perform fourparameter logistic regression models)
- 8. Tubes to prepare standard or sample dilutions.
- 9. Orbital shaker
- 10. Aluminum foil
- 11. Saran Wrap

VI. REAGENT PREPARATION

If testing plasma or serum samples, use Assay Diluent A to dilute Item F and Item C. If testing cell culture media or other sample types, use Assay Diluent B to dilute Item F and Item C. For sample and positive control dilutions, refer to steps 6, 7, 8 and 10 of Reagent Preparation.

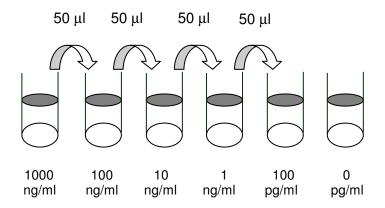
- Keep kit reagents on ice during reagent preparation steps. Equilibrate plate to room temperature before opening the sealed pouch.
- 2. Assay Diluent B (Item E) should be diluted 5-fold with deionized or distilled water.
- 3. Briefly centrifuge the Anti-C-Peptide Antibody vial (Item N) before use. Add 50 µl of 1x Assay Diluent B into the vial to prepare a detection antibody concentrate. Pipette up and down to mix gently.

4. The antibody concentrate should then be diluted 100-fold with 1x Assay Diluent B. This is your anti-C-Peptide antibody working solution, which will be used in step 2 of the Assay Procedure.

NOTE: the following steps may be done during the antibody incubation procedure (step 2 of Assay Procedure).

- 5. Briefly centrifuge the vial of Biotinylated C-Peptide (Item F) before use. Add 5 μl of Item F to 5 ml of the appropriate Assay Diluent. Pipette up and down to mix gently. The final concentration of biotinylated C-Peptide will be 10 ng/ml. This solution will only be used as the diluent in step 6 of Reagent Preparation.
- 6. Preparation of Standards: Label 6 microtubes with the following concentrations: 1000 ng/ml, 100 ng/ml, 10 ng/ml, 1 ng/ml, 100 pg/ml and 0 pg/ml. Pipette 450 μl of biotinylated C-Peptide solution into each tube, except for the 1000 ng/ml (leave this one empty). It is very important to make sure the concentration of biotinylated C-Peptide is 10 ng/ml in all standards.
 - a. Briefly centrifuge the vial of C-Peptide (Item C). In the tube labeled 1000 ng/ml, pipette 8 µl of Item C and 792 µl of 10 ng/ml biotinylated C-Peptide solution (prepared in step 5 above). This is your C-Peptide stock solution (1000 ng/ml C-Peptide, 10 ng/ml biotinylated C-Peptide). Mix thoroughly. This solution serves as the first standard.
 - b. To make the 100 ng/ml standard, pipette 50 µl of C-Peptide stock solution the tube labeled 100 ng/ml. Mix thoroughly.
 - c. Repeat this step with each successive concentration, preparing a dilution series as shown in the illustration below. Each time, use 450 μ l of biotinylated C-Peptide and 50 μ l of the prior concentration until 100 pg/ml is reached. Mix each tube thoroughly before the next transfer.

d. The final tube (0 pg/ml C-Peptide, 10 ng/ml biotinylated C-Peptide) serves as the zero standard (or total binding).



- 7. Prepare a 10-fold dilution of Item F. To do this, add 2 μ l of Item F to 18 μ l of the appropriate Assay Diluent. This solution will be used in steps 8 and 10.
- 8. Positive Control Preparation: briefly centrifuge the positive control vial (Item M). To the tube of Item M, add 101 µl 1x Assay Diluent B. Also add 2 µl of 10-fold diluted Item F (prepared in step 7) to the tube. This is a 2-fold dilution of the positive control. Mix thoroughly. The positive control is a cell culture medium sample with an expected signal between 10% and 30% of total binding (70-90% competition) if diluted as described above. It may be diluted further if desired, but be sure the final concentration of biotinylated C-Peptide is 10 ng/ml.
- If Item B (20X Wash Concentrate) contains visible crystals, warm to room temperature and mix gently until dissolved. Dilute 20 ml of Wash Buffer Concentrate into deionized or distilled water to yield 400 ml of 1X Wash Buffer.

10. <u>Sample Preparation</u>: Use Assay Diluent A + biotinylated C-Peptide to dilute serum/plasma samples. For cell culture medium and other sample types, use 1X Assay Diluent B + biotinylated C-Peptide as the diluent. *It is very important to make sure the final concentration of the biotinylated C-Peptide is 10 ng/ml in every sample*. EXAMPLE: to make a 4-fold dilution of sample, mix together 2.5 μl of 10-fold diluted Item F (prepared in step 7), 185 μl of appropriate Assay Diluent, and 62.5 μl of your sample; mix gently. The total volume is 250 μl, enough for duplicate wells on the microplate.

Do not use Item F diluent from Step 5 for sample preparation. If you plan to use undiluted samples, you must still add biotinylated C-Peptide to a final concentration of 10 ng/ml. EXAMPLE: Add 2.5 μl of 10-fold diluted Item F to 247.5 μl of sample. NOTE: Optimal sample dilution factors should be determined empirically, however you may contact technical support (888-494-8555; techsupport@raybiotech.com) to obtain recommended dilution ranges for serum or plasma.

11. Briefly centrifuge the HRP-Streptavidin vial (Item G) before use. The HRP-Streptavidin concentrate should be diluted 200-fold with 1X Assay Diluent B.

Note: Do not use Assay Diluent A for HRP-Streptavidin preparation in Step 11.

VII. ASSAY PROCEDURE:

- 1. Keep kit reagents on ice during reagent preparation steps. It is recommended that all standards and samples be run at least in duplicate.
- 2. Add 100 µl anti-C-Peptide antibody (see Reagent Preparation step 4) to each well. Incubate for 1.5 hours at room

- temperature with gentle shaking (1-2 cycles/sec). You may also incubate overnight at 4 °C.
- 3. Discard the solution and wash wells 4 times with 1x Wash Buffer (200-300 µl each), Washing may be done with a multichannel pipette or an automated plate washer. Complete removal of liquid at each step is essential to good assay performance. After the last wash, remove any remaining Wash Buffer by aspirating or decanting. Invert the plate and blot it against clean paper towels.
- 4. Add 100 μl of each standard (see Reagent Preparation step 6), positive control (see Reagent Preparation step 8) and sample (see Reagent Preparation step 10) into appropriate wells. Be sure to include a blank well (Assay Diluent only). Cover wells and incubate for 2.5 hours at room temperature with gentle shaking (1-2 cycles/sec) or overnight at 4°C.
- 5. Discard the solution and wash 4 times as directed in Step 3.
- 6. Add 100 µl of prepared HRP-Streptavidin solution (see Reagent Preparation step 11) to each well. Incubate for 45 minutes at room temperature with gentle shaking. It is recommended that incubation time should not be shorter or longer than 45 minutes.
- 7. Discard the solution and wash 4 times as directed in Step 3.
- 8. Add 100 µl of TMB One-Step Substrate Reagent (Item H) to each well. Incubate for 30 minutes at room temperature in the dark with gentle shaking (1-2 cycles/sec).
- 9. Add 50 µl of Stop Solution (Item I) to each well. Read absorbances at 450 nm immediately.

VIII. ASSAY PROCEDURE SUMMARY

1. Prepare all reagents, samples and standards as instructed.

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2. Add 100 μl anti-C-Peptide antibody to each well. Incubate 1.5 hours at room temperature or overnight at 4°C.

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3. Add 100 μl standard or sample to each well. Incubate 2.5 hours at room temperature or overnight at 4°C.

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4. Add 100 µl prepared streptavidin solution. Incubate 45 minutes at room temperature.

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5. Add 100 μl TMB One-Step Substrate Reagent to each well. Incubate 30 minutes at room temperature.

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6. Add 50 μ l Stop Solution to each well. Read at 450 nm immediately

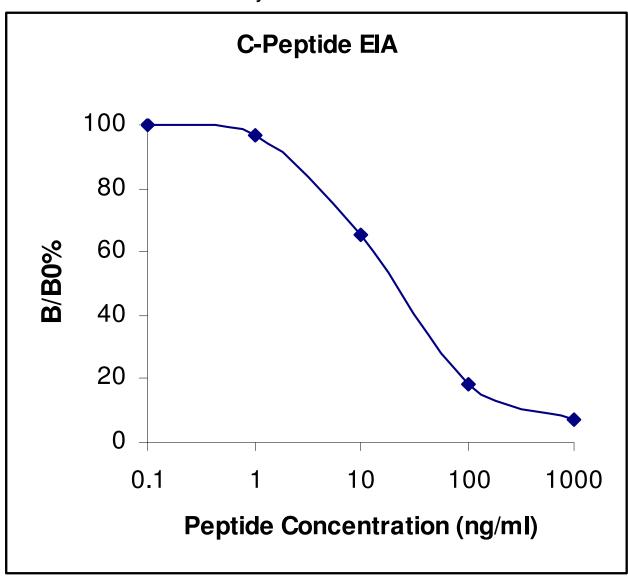
IX. CALCULATION OF RESULTS

Calculate the mean absorbance for each set of duplicate standards, controls and samples, and subtract the blank optical density. Plot the standard curve using SigmaPlot software (or other software which can perform four-parameter logistic regression models), with standard concentration on the x-axis and percentage of absorbance (see calculation below) on the y-axis. Draw the best-fit curve through the standard points.

Percentage absorbance = $(B - blank OD)/(B_o - blank OD)$ where B = OD of sample or standard and $B_o = OD$ of zero standard (total binding)

A. TYPICAL DATA

These standard curves are for demonstration only. A standard curve must be run with each assay.



B. SENSITIVITY

The minimum detectable concentration of C-Peptide is is 772 pg/ml.

C. DETECTION RANGE

0.1-1,000 ng/ml

D. REPRODUCIBILITY

Intra-Assay: CV<10% Inter-Assay: CV<15%

X. SPECIFICITY

Cross Reactivity: This ELISA kit shows no cross-reactivity with any of the cytokines tested: Ghrelin, Nesfatin, Angiotensin II, NPY and APC.

XI. REFERENCES

- 1. Marques RG, Fontaine MJ, Rogers J (2004). "C-Peptide: much more than a byproduct of insulin biosynthesis". *Pancreas* **29** (3): 231–8. PMID 15367890.
- 2. Wahren J, Ekberg K, Samnegård B, Johansson BL (2001). "C-Peptide: a new potential in the treatment of diabetic nephropathy". *Curr. Diab. Rep.* **1** (3): 261–6. doi:10.1007/s11892-001-0044-4. PMID 12643208.
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4. Kamiya H, Zhang W, Sima AA (2004). "C-Peptide prevents nociceptive sensory neuropathy in type 1 diabetes". *Ann. Neurol.* **56** (6): 827–35. doi:10.1002/ana.20295. PMID 15497155.

XII. TROUBLESHOOTING GUIDE

Problem	Cause	Solution
Poor standard curve	1. Inaccurate pipetting	1. Check pipettes
	2. Improper standard dilution	 Ensure briefly spin the vial of Item C and dissolve the powder thoroughly by a gentle mix.
2. Low signal	1.Too brief incubation times	 Ensure sufficient incubation time; assay procedure step 2 change to over night
	Inadequate reagent volumes or improper dilution	 Check pipettes and ensure correct preparation
3. Large CV	1. Inaccurate pipetting	1. Check pipettes
4. High background	Plate is insufficiently washed	1. Review the manual for proper wash. If using a plate washer, check that all ports are unobstructed.
	Contaminated wash buffer	Make fresh wash buffer
5. Low sensitivity	Improper storage of the EIA kit	 Store your standard at ≤ -20°C after receipt of the kit.
	2. Stop solution	2. Stop solution should be added to each well before measure

RayBio® EIA kits:

If you are interested in other EIA kits, please visit www.raybiotech.com for details.

Notes:

This product is for research use only.



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3607 Parkway Lane, Suite 200 Norcross, GA 30092 Tel: 770-729-2992, 1-888-494-8555 Fax: 770-206-2393

Web: www.raybiotech.com