## I. Introduction:

Magnesium is the 11th most abundant element by mass in the human body.  ${\rm Mg}^{+2}$  is essential to all living cells where it plays an important role in facilitating the processing of biological polyphosphates like ATP, DNA, RNA and enzyme functions.  ${\rm Mg}^{+2}$  is the metallic ion at the center of chlorophyll, and a common additive to fertilizers.  ${\rm Mg}^{+2}$  compounds are used as laxatives, antacids, and used to stabilize abnormal nerve excitation and blood vessel spasm i.e., eclampsia. The BioVision Magnesium Assay Kit provides a simple sensitive means of quantitating magnesium in a variety of biological samples. The kit takes advantage of the specific requirement of glycerol kinase for  ${\rm Mg}^{+2}$ . An enzyme linked reaction leads to formation of an intensely colored ( $\lambda_{\rm max}$  = 450nm) product whose formation is proportional to  ${\rm Mg}^{+2}$  concentration. The linear range of the assay is 2-15 nmoles with detection sensitivity~ 40 µM.

#### II. Kit Contents:

Components	K385-100	Cap Code	Part Number
Magnesium Assay Buffer	25 ml	WM	K385-100-1
Magnesium Developer	lyophilized	Red	K385-100-2
Magnesium Enzyme Mix	lyophilized	Green	K385-100-3
Magnesium Standard (150 nmol/µl)	0.1 ml	Yellow	K385-100-4

# III. Storage and Handling:

Store kit at -20°C, protect from light. Warm buffer to room temperature before use. Briefly centrifuge all small vials prior to opening.

# Reagent Preparation:

**Developer**: Dissolve with 1.1 ml dH<sub>2</sub>O. Stable for two months at 4°C.

**Magnesium Enzyme Mix**: Dissolve in 550  $\mu$ l Assay Buffer. Aliquot and store at  $-20^{\circ}$ C. Use within two months.

Magnesium Standard: Ready to use as supplied. 150 nmol/μl of Mg<sup>+2</sup> Standard stock solution. Store at –20°C. Mix before each use.

## IV. Magnesium Assay Protocol:

#### 1. Standard Curve Preparations:

Dilute the standard to 1.5 nmol/ $\mu$ l by adding 10  $\mu$ l of the 150 nmol/ $\mu$ l Magnesium Standard to 990  $\mu$ l of distilled water, mix well. Add 0, 2, 4, 6, 8, 10  $\mu$ l into a series of wells. Adjust volume to 50  $\mu$ l/well with distilled water to generate 0, 3, 6, 9, 12, 15 nmol/well of Magnesium Standard.

2. **Sample Preparation:** Tissue or cells can be extracted with 4 volume of Magnesium Assay Buffer, spin 16000g for 10 min to get clear extract. Add 1-50 μl of liquid sample into 96 well plate, bring total volume to 50 μl with water.

Normal serum contains  ${\rm Mg}^{2^+}$  0.7-1.05 mM (1.65-2.55 mg/dL), use 5 µl serum for testing. Urine should be diluted 10X. For unknown samples, we suggest testing different amount of samples to ensure OD is in the linear range.

- 3. **Magnesium Reaction Mix:** Mix enough reagent for the number of samples and standards to be performed: For each well, prepare a total 50 µl Reaction Mix containing:
  - 35 µl Magnesium Assay Buffer
  - 10 µl Developer
  - 5 µl Magnesium Enzyme Mix
- 4. Add 50 μl of the Reaction Mix to each well containing the Magnesium Standard and test samples. For best results, use a multichannel pipettor to initiate reaction in all samples at the same time. Mix well.
- Incubate at 37°C for 10 mim. Read the plate OD450<sub>nm</sub> to get A<sub>0</sub> for each standard or sample.

## Notes:

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- Since enzyme kinetics are sensitive to temperature variation, the reaction rate will increase as the temperature rises. The reaction takes ~ 10 minutes to reach a linear reaction rate.
- NAD(P)H etc. in samples may generate background, the 10 min waiting time can correct these nonspecific background.
- 3)  $Mn^{2+}$ ,  $Zn^{2+}$ ,  $Ni^{2+}$ ,  $Fe^{2+}$ ,  $Cu^{2+}$ ,  $Co^{2+}$ ,  $Ca^{2+}$  do not interfere with the assay.
- Incubate the reaction for additional 10-30 min, read the OD again to get reading A. We recommend monitor the reaction kinetics to ensure the readings are in linear range when read the plate for the additional 10-30 minutes. All readings should not exceed 1.5 OD.
- 7. **Calculation:** Subtract  $A_0$  from standard and sample readings to get  $\Delta OD = A-A_0$ . Plot Magnesium standard curve. Apply sample  $\Delta OD$  to the standard curve to get  $Mg^{2+}$  amount B (nmol) in the reaction well.  $Mg^{2+}$  concentration:

# $C = B/V \quad (nmol/ml \text{ or } \mu M)$

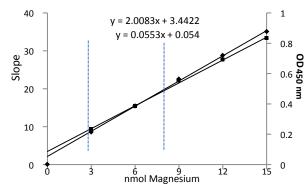
Where: B i

**B** is Mg<sup>2+</sup> amount in the reaction well (in nmol).

V is the sample volume added into the reaction well (in ml).

Magnesium molecular weight: 24.3 g/mol, 1 mM = 2.43 mg/dL.

The assay may also be calculated by monitoring reaction slopes in the standards and samples reaction.



**Magnesium standard curve:** Assay is performed according to kit protocol. Vertical dotted lines indicate the lower and upper limits of normal serum Mg<sup>2+</sup> concentrations.

### RELATED PRODUCTS:

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