# RayBio<sup>®</sup> Human/Mouse/Rat GLP-1 Enzyme Immunoassay Kit

Please Read the Manual Carefully Before Starting your Experiment

User Manual 2.3 (Revised March 5, 2013)

RayBio<sup>®</sup> GLP-1 Enzyme Immunoassay Kit Protocol

(Cat#: EIA-GLP1-1)



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#### I. INTRODUCTION

Glucagon-like peptide-1 (GLP-1) is a 31 amino acid peptide hormone derived from selective cleavage of the proglucagon gene. It is mainly produced from enteroendocrine L-cells in GI tract. The other cleavage products derived from proglucagon genes are glucagon, GLP-2 and other small fragment peptides including Glicentin, Oxyntomodulin and two intervening peptides (IP-1 and IP-2). Except for glucagon cleaved in  $\alpha$  cells of the pancreas, all other cleaved peptides occurred in enteroendocrine L cells of intestine.

GLP-1 has shown important roles in regulating glucose metabolic functions in humans. There are studies showing that GLP-1 is a potent anti-hyperglycemic hormone inducing glucose-dependent stimulation of insulin secretion while suppressing glucagon secretion. This dual control of insulin and glucagon has the benefit that the plasma glucose concentration is kept in the normal fasting range to avoid hypoglycemia caused by overstimulation of insulin. In addition, GLP-1 was reported to restore the glucose sensitivity of pancreatic  $\beta$  cells, probably via the upregualtion of GLUT2 and glucokinase. GLP-1 was reported to inhibit pancreatic  $\beta$ -cell apoptosis and stimulate the proliferation and differentiation of insulin-secreting  $\beta$ -cells.

GLP-1 has shown potential clinical application as a biomarker and treatment option for Diabetes Mellitus, which is based on the following physiological functions mediated by GLP-1.

- Regulating insulin secretion by increasing insulin secretion from the pancreas in a glucose-dependent manner and increasing insulin-sensitivity in both  $\alpha$  and  $\beta$  cells
- Regulating glucagon secretion by decreasing glucagon secretion from the pancreas by engagement of a specific G proteincoupled receptor.

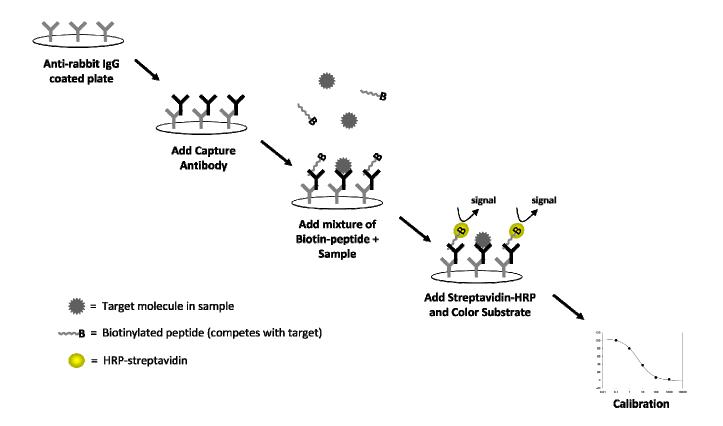
 Regulating food intake by inhibiting acid secretion and gastric emptying in the stomach and decreasing food intake by increasing satiety in brain.

#### II. GENERAL DESCRIPTION

The RayBio® GLP-1 Enzyme Immunoassay (EIA) Kit is an in vitro quantitative assay for detecting GLP-1 peptide based on the principle of Competitive Enzyme Immunoassay.

The microplate in the kit is pre-coated with anti-rabbit secondary antibody. After a blocking step and incubation of the plate with anti-GLP-1 antibody, both biotinylated GLP-1 peptide and peptide standard or targeted peptide in samples interacts competitively with the GLP-1 antibody. Uncompeted (bound) biotinylated GLP-1 peptide then interacts with Streptavidin-horseradish peroxidase (SA-HRP) which catalyzes a color development reaction. The intensity of colorimetric signal is directly proportional to the amount of biotinylated peptide-SA-HRP complex and inversely proportional to the amount of GLP-1 peptide in the standard or samples. This is due to the competitive binding to GLP-1 antibody between biotinylated GLP-1 peptide and peptides in standard or samples. A standard curve of known concentration of GLP-1 peptide can be established and the concentration of GLP-1 peptide in the samples can be calculated accordingly.

# **Principle of Competitive EIA**



#### III. REAGENTS

- 1. GLP-1 Microplate (Item A): 96 wells (12 strips x 8 wells) coated with secondary antibody.
- 2. Wash Buffer Concentrate (20x) (Item B): 25 ml.
- 3. Standard GLP-1 Peptide (Item C): 2 vials, 10 μl/vial.
- 4. Anti-GLP-1 polyclonal antibody (Item N): 2 vials, 5 μl/vial.
- 5. 1X Assay Diluent E (Item R): 2 vial, 25 ml. Diluent for both standards and samples including serum or plasma, cell culture media or other sample types.
- 6. Biotinylated GLP-1 peptide (Item F): 2 vials, 20 μl/vial.
- 7. HRP-Streptavidin concentrate (Item G): 600 µl 250x concentrated HRP-conjugated Streptavidin.
- 8. Positive control (Item M): 1 vial, 100 μl.
- 9. TMB One-Step Substrate Reagent (Item H): 12 ml of 3, 3', 5, 5'-tetramethylbenzidine (TMB) in buffered solution.
- 10. Stop Solution (Item I): 8 ml of 0.2 M sulfuric acid.
- 11. Assay Diagram (Item J).
- 12. User Manual (Item K).

#### **IV. STORAGE**

- Standard GLP-1 peptide, Biotinylated GLP-1 peptide, and Positive Control should be stored at -20 ℃ or -80 ℃ (recommended at -80 ℃) after arrival. **Avoid multiple freezethaws.**
- The remaining kit components may be stored at -20 ℃.
- Opened Microplate Wells and antibody (Item N) may be stored for up to 1 month at 2° to 8°C. Return unused wells to the pouch containing desiccant pack and reseal along entire edge.
- If stored in this manner, RayBiotech warranties this kit for 6 months from the date of shipment.

#### V. ADDITIONAL MATERIALS REQUIRED

- 1. Microplate reader capable of measuring absorbance at 450nm.
- 2. Precision pipettes to deliver 2 µl to 1 ml volumes.
- 3. Adjustable 1-25 ml pipettes for reagent preparation.
- 4. 100 ml and 1 liter graduated cylinders.
- 5. Absorbent paper.
- 6. Distilled or deionized water.
- 7. SigmaPlot software (or other software which can perform fourparameter logistic regression models)
- 8. Tubes to prepare standard or sample dilutions.
- 9. Orbital shaker
- 10. Aluminum foil
- 11. Saran Wrap

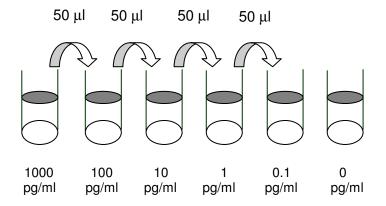
#### VI. REAGENT PREPARATION

For sample and positive control dilutions, refer to steps 6, 7, 8 and 10 of Reagent Preparation.

- Keep kit reagents on ice during reagent preparation steps. Equilibrate plate to room temperature before opening the sealed pouch.
- Briefly centrifuge the Anti-GLP-1 Antibody vial (Item N) before use. Add 50 µl of 1x Assay Diluent E into the vial to prepare a detection antibody concentrate. Pipette up and down to mix gently.
- 3. The antibody concentrate should then be diluted 100-fold with 1x Assay Diluent E. This is your anti-GLP-1 antibody working solution, which will be used in step 2 of the Assay Procedure.

NOTE: the following steps may be done during the antibody incubation procedure (step 2 of Assay Procedure).

- 4. Briefly centrifuge the vial of Biotinylated GLP-1 (Item F) before use. Add 5 μl of Item F to 5 ml of the 1X Assay Diluent E. Pipette up and down to mix gently. The final concentration of biotinylated GLP-1 will be 10 pg/ml. This solution will only be used as the diluent in step 5 of Reagent Preparation.
- 5. Preparation of Standards: Label 6 microtubes with the following concentrations: 1000 pg/ml, 100 pg/ml, 10 pg/ml, 1 pg/ml, 0.1 pg/ml and 0 pg/ml. Pipette 450 μl of biotinylated GLP-1 solution into each tube, except for the 1000 pg/ml (leave this one empty). It is very important to make sure the concentration of biotinylated GLP-1 is 10 pg/ml in all standards.
  - a. Briefly centrifuge the vial of GLP-1 (Item C). In the tube labeled 1000 pg/ml, pipette 8 µl of Item C and 792 µl of 10 pg/ml biotinylated GLP-1 solution (prepared in step 4 above). This is your GLP-1 stock solution (1000 pg/ml GLP-1, 10 pg/ml biotinylated GLP-1). Mix thoroughly. This solution serves as the first standard.
  - b. To make the 100 pg/ml standard, pipette 50 µl of GLP-1 stock solution the tube labeled 100 pg/ml. Mix thoroughly.
  - c. Repeat this step with each successive concentration, preparing a dilution series as shown in the illustration below. Each time, use 450  $\mu$ l of biotinylated GLP-1 and 50  $\mu$ l of the prior concentration until 0.1 pg/ml is reached. Mix each tube thoroughly before the next transfer.
  - d. The final tube (0 pg/ml GLP-1, 10 pg/ml biotinylated GLP-1) serves as the zero standard (or total binding).



- 6. Prepare a 10-fold dilution of Item F. To do this, add 2  $\mu$ l of Item F to 18  $\mu$ l of 1x Assay Diluent E. This solution will be used in steps 7 and 9.
- 7. Positive Control Preparation: briefly centrifuge the positive control vial (Item M). To the tube of Item M, add 101 µl 1x Assay Diluent E. Also add 2 µl of 10-fold diluted Item F (prepared in step 6) to the tube. This is a 2-fold dilution of the positive control. Mix thoroughly. The positive control is a cell culture medium sample with an expected signal between 10% and 30% of total binding (70-90% of competition) if diluted as described above. It may be diluted further if desired, but be sure the final concentration of biotinylated GLP-1 is 10 pg/ml.
- 8. If Item B (20X Wash Concentrate) contains visible crystals, warm to room temperature and mix gently until dissolved. Dilute 20 ml of Wash Buffer Concentrate into deionized or distilled water to yield 400 ml of 1X Wash Buffer.
- 9. <u>Sample Preparation</u>: Use 1X Assay Diluent E + biotinylated GLP-1 to dilute samples, including serum/plasma, cell culture medium and other sample types.

It is very important to make sure the final concentration of the biotinylated GLP-1 is 10 pg/ml in every sample. EXAMPLE: to make a 4-fold dilution of sample, mix together 2.5  $\mu$ l of 10-fold diluted Item F (prepared in step 6), 185  $\mu$ l of 1x Assay Diluent E, and 62.5  $\mu$ l of your sample; mix gently. The total volume is 250  $\mu$ l, enough for duplicate wells on the microplate.

Do not use Item F diluent from Step 5 for sample preparation. If you plan to use undiluted samples, you must still add biotinylated GLP-1 to a final concentration of 10 pg/ml. EXAMPLE: Add 2.5 μl of 10-fold diluted Item F to 247.5 μl of sample. NOTE: Optimal sample dilution factors should be determined empirically, however you may contact technical support (888-494-8555; techsupport@raybiotech.com) to obtain recommended dilution ranges for serum or plasma.

10. Briefly centrifuge the HRP-Streptavidin vial (Item G) before use. The HRP-Streptavidin concentrate should be diluted 250-fold with 1X Assay Diluent E.

#### VII. ASSAY PROCEDURE:

- 1. Keep kit reagents on ice during reagent preparation steps. It is recommended that all standards and samples be run at least in duplicate.
- Add 100 μl anti-GLP-1 antibody (see Reagent Preparation step 3) to each well. Incubate for 1.5 hours at room temperature with gentle shaking (1-2 cycles/sec). You may also incubate overnight at 4 degrees C.
- 3. Discard the solution and wash wells 4 times with 1x Wash Buffer (200-300 µl each). Washing may be done with a multichannel pipette or an automated plate washer. Complete removal of liquid at each step is essential to good assay

- performance. After the last wash, remove any remaining Wash Buffer by aspirating or decanting. Invert the plate and blot it against clean paper towels.
- 4. Add 100 μl of each standard (see Reagent Preparation step 5), positive control (see Reagent Preparation step 7) and sample (see Reagent Preparation step 9) into appropriate wells. Be sure to include a blank well (Assay Diluent only). Cover wells and incubate for 2.5 hours at room temperature with gentle shaking (1-2 cycles/sec) or overnight at 4℃.
- 5. Discard the solution and wash 4 times as directed in Step 3.
- 6. Add 100 µl of prepared HRP-Streptavidin solution (see Reagent Preparation step 10) to each well. Incubate for 45 minutes with gentle shaking at room temperature. It is recommended that incubation time should not be shorter or longer than 45 minutes.
- 7. Discard the solution and wash 4 times as directed in Step 3.
- 8. Add 100 µl of TMB One-Step Substrate Reagent (Item H) to each well. Incubate for 30 minutes at room temperature in the dark with gentle shaking (1-2 cycles/sec).
- 9. Add 50 µl of Stop Solution (Item I) to each well. Read absorbances at 450 nm immediately.

#### **VIII. ASSAY PROCEDURE SUMMARY**

1. Prepare all reagents, samples and standards as instructed.

 $\int$ 

2. Add 100 μl anti-GLP-1 antibody to each well. Incubate 1.5 hours at room temperature or overnight at 4°C.

3. Add 100  $\mu$ l standard or sample to each well. Incubate 2.5 hours at room temperature or overnight at 4°C.

 $\int$ 

4. Add 100 µl prepared streptavidin solution. Incubate 45 minutes at room temperature.

5. Add 100 μl TMB One-Step Substrate Reagent to each well. Incubate 30 minutes at room temperature.

 $\int$ 

6. Add 50  $\mu$ l Stop Solution to each well. Read at 450 nm immediately

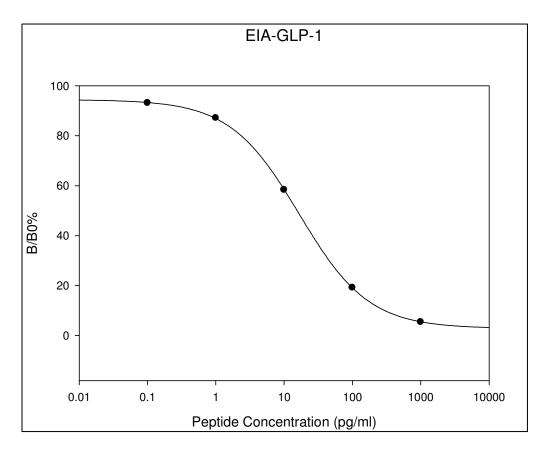
#### IX. CALCULATION OF RESULTS

Calculate the mean absorbance for each set of duplicate standards, controls and samples, and subtract the blank optical density. Plot the standard curve using SigmaPlot software (or other software which can perform four-parameter logistic regression models), with standard concentration on the x-axis and percentage of absorbance (see calculation below) on the y-axis. Draw the best-fit curve through the standard points.

Percentage absorbance =  $(B - blank OD)/(B_o - blank OD)$  where B = OD of sample or standard and  $B_o = OD$  of zero standard (total binding)

#### A. TYPICAL DATA

These standard curves are for demonstration only. A standard curve must be run with each assay.



#### **B. SENSITIVITY**

The minimum detectable concentration of GLP-1 is 1.17 pg/ml.

#### C. DETECTION RANGE

0.1-1,000 pg/ml

#### D. REPRODUCIBILITY

Intra-Assay: CV<10% Inter-Assay: CV<15%

#### X. SPECIFICITY

Cross Reactivity: This ELISA kit shows no cross-reactivity with any of the cytokines tested: Ghrelin, Nesfatin, Angiotensin II, NPY and APC.

#### XI. REFERENCES

- 1. Toft-Nielsen M, Madsbad S, Holst J (2001). "Determinants of the effectiveness of glucagon-like peptide-1 in type 2 diabetes". *J Clin Endocrinol Metab* 86 (8): 3853–60.
- 2. Meier J, Weyhe D, Michaely M, Senkal M, Zumtobel V, Nauck M, Holst J, Schmidt W, Gallwitz B (2004). "Intravenous glucagon-like peptide 1 normalizes blood glucose after major surgery in patients with type 2 diabetes". *Crit Care Med* **32** (3): 848–51.

#### XII. TROUBLESHOOTING GUIDE

Problem	Cause	Solution
Poor standard curve	1. Inaccurate pipetting	1. Check pipettes
	2. Improper standard dilution	<ol> <li>Ensure briefly spin the vial of Item C and dissolve the powder thoroughly by a gentle mix.</li> </ol>
2. Low signal	1.Too brief incubation times	<ol> <li>Ensure sufficient incubation time; assay procedure step 2 change to over night</li> </ol>
	<ol><li>Inadequate reagent volumes or improper dilution</li></ol>	<ol> <li>Check pipettes and ensure correct preparation</li> </ol>
3. Large CV	1. Inaccurate pipetting	1. Check pipettes
4. High background	Plate is insufficiently     washed	1. Review the manual for proper wash. If using a plate washer, check that all ports are unobstructed.
	<ol><li>Contaminated wash buffer</li></ol>	<ol><li>Make fresh wash buffer</li></ol>
5. Low sensitivity	Improper storage of the EIA kit	<ol> <li>Store your standard at ≤ -20°C after receipt of the kit.</li> </ol>
	2. Stop solution	2. Stop solution should be added to each well before measure

# RayBio® EIA kits:

If you are interested in other EIA kits, please visit <a href="https://www.raybiotech.com">www.raybiotech.com</a> for details.

Notes:

This product is for research use only.



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